

FOOD MENU

BREAKFAST SERVED TILL 12

The most important send of the day!

SOURDOUGH TOAST (V) (VGO) (GFO) £2.20
Served with butter.

EGGS ON TOAST (V) (GFO) £5.00
Scrambled or fried eggs served on sourdough toast.

BACON BUTTY (GFO) £5.00
Smoked dry cured bacon sandwich on lightly toasted sourdough.

MUSHROOMS ON TOAST (VGO) £5.00
Miso pickled mushrooms, sautéed and served on sourdough toast. *Goes great with a fried egg & Sriracha!*

EXTRAS

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| Toast | £1.00 |
| Jam, Nut butter, Seed butter or Marmite | £1.00 |
| Fried Egg | £1.50 |
| Bacon | £2.00 |
| Cheese | £2.00 |

GRILLED TOASTIE

Indulge in our freshly made toasties on sourdough bread. Customizable to be VG & GF upon request, with an optional side salad.

CLASSIC CHEESE TOASTIE (V)(VGO)(GFO) £5.50
Mature cheddar & mozzarella.

ADD

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| Caramelised onion chutney | £1.00 |
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HAM & CHEESE TOASTIE (GFO) £6.00
Honey roasted ham & cheddar cheese.

BBQ PULLED PORK (GFO) £7.00
Slow cooked bbq pulled pork and mature cheddar.

ADD

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| Jalapenos | £1.00 |
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GREEN GODDESS (VG)(GFO) £6.50
Supergreen pesto, kale, vegan feta, tahini and kalamata olives.

PANUZZOS SERVED FROM 12

Meet the Panuzzo: a flavourful pizza sandwich made with our signature homemade sourdough from British flour.

HOT HOG (GFO) £8.45
Pulled pork, garlic oil, ricotta, hot honey, roasted squash and rocket.

MEATBALL MELT (V)(VGO) £7.95
Vegan meatballs, garlic oil, aioli, basil, marinara sauce, mozzarella and rocket.

MEDITERRANEAN CHICKPEA (V)(VGO) £7.45
Herby Mediterranean chickpeas, ricotta, kalamata olives, cucumber and rocket.

SOURDOUGH PIZZA SERVED FROM 12

Our talented kitchen crew whips up each pizza from scratch, using our in-house sourdough made with the finest British flour, ensuring a tantalizingly tasty crust. Vegan Cheese available.

| | Small | Large |
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| MARGHERITA (V)(VGO) | £6.50 | £9.50 |
| HALLOUMI & HOT HONEY (V) | £8.00 | £11.00 |
| SALAMI Marinara sauce, mozzarella, basil and Milano salami. <i>Goes great with Jalapenos!</i> | £8.50 | £11.50 |
| FUNGI (V)(VGO) Marinara sauce, mushroom, truffle oil, kalamata olive, sliced garlic and mozzarella <i>Add Ham to make it our Staff Favourite!</i> | £8.00 | £11.00 |
| SPINACH & RICOTTA (V) Marinara sauce, fresh spinach, ricotta and mozzarella. | £8.00 | £11.00 |
| CARAMELISED ONION, FETA & BALSAMIC (V)(VGO) Marinara sauce, caramelised onion, crumbled feta, mozzarella and balsamic glaze. | £8.00 | £11.00 |
| DOUGHBALLS (VG) 8 or 12 hand rolled dough balls served with homemade garlic butter. | £5.00 | £7.00 |

EXTRAS

DIPS £1.50
Garlic butter, aioli, supergreen pesto (VG)

EXTRA TOPPINGS

VEG - Kale, squash, caramelised onion, kalamata olives, spinach, jalapeno. £1.00

MEAT - Ham, Salami, pulled pork, bacon, vegan meatballs. £2.00

CHEESE - Halloumi, ricotta, vegan feta, vegan feta. £2.00

WINTER BOWLS & SIDES

SERVED FROM 12

Always packed with fresh seasonal ingredients.

WINTER SUPER SALAD (VG)(N)(GF) £6.50
Seasonal salad leaves, grated carrot, kale, squash, cranberries, walnuts, pumpkin seeds and tahini dressing.

ADD

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| Halloumi or Vegan Feta | £2.00 |
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HOMEMADE HANGAR DHAL (GFO)(VG) £6.50
Protein filled lentil dahl served with Naan. Perfect post climb refuel.

HEARTY HOMEMADE SOUP (V)(VG)(GFO) £5.00
Served with bread & butter. Please see specials for today's offering.

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| Cheese toastie (V)(VG)(GFO) | £3.00 |
| Upgrade to homemade focaccia (V)(VGO) | £2.00 |

DELI FRIDGE

Our deli fridge is filled with a selection of cakes, pasties, sandwiches, and fresh seasonal salads that change regularly, so make sure to check today's offering.

DRINKS MENU

HOT DRINKS

Made using our exclusive blend 'Wake me up before you dyno' by Neighbourhood Coffee

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| DOUBLE ESPRESSO | £2.40 |
| MACCHIATO/CORTADO | £2.50 |
| AMERICANO | £2.60 |
| CAPPUCCINO | £3.20 |
| LATTE | £3.20 |
| MOCHA | £3.40 |
| FLAT WHITE | £3.00 |
| HOT CHOCOLATE | £3.00 |
| KIDS HOT CHOCOLATE | £2.20 |
| ADD SYRUP | |
| Caramel, Vanilla, Hazelnut | £1.00 |
| TEA | £1.60 |
| DECAF TEA | £1.60 |
| HERBAL TEA | £2.00 |
| Please ask our team for today's flavour offerings | |

WINTER DRINKS

Seasonal favourites that give all the cosy feels and our favourite preclimb warm up.

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| PUMPKIN SPICE LATTE | £4.20 |
| GINGERBREAD LATTE | £4.20 |
| CHAI LATTE | £4.20 |

Served with optional cream and cinnamon dusting.

All our winter specials can be served hot or iced. We wont judge.

THE
**CLIMBING
HANGAR** 

COLD DRINKS

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| KARMA BOTTLE 300ml | £2.90 |
| Cola, Cola (sugar free), lemony, Gingerella or Razza raspberry lemonade | |
| CAWSTON PRESS | £1.90 |
| Apple, Orange, Rhubarb, Elderflower | |
| CAWSTON PRESS CARTON | £1.90 |
| Summer Fruits or Apple & Pear | |
| TENZING 250ml | £2.90 |
| Original, Raspberry & Yuzu, Lime & Mint | |
| TENZING 300ml | £3.20 |
| Blackberry & Acai, Pineapple & Passionfruit, Apple & Seaberry | |
| REMEDY KOMBUCHA 250ml | £2.90 |
| Cherry & Plum, Peach | |
| DASH WATER 330ml | £1.90 |
| Raspberry, Blackcurrant, Mango | |

SMOOTHIES

All our smoothies are blended with apple juice. Add unflavoured whey protein or vegan vanilla protein for £1.50.

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| BREAKFAST SMOOTHIE | £3.75 |
| Gluten free rolled oats, flax seeds, blueberry, raspberry and banana, blended with apple juice | |
| BIG 5 | £3.75 |
| Pineapple, mango, kiwi and strawberries blended with the fifth ingredient: apple juice | |
| BLUEBERRY THRILL | £3.75 |
| Blueberries, raspberries, banana and flaxseeds blended with apple juice | |
| PASH 'N' SHOOT | £3.75 |
| Passion fruit, pineapple and mango blended with apple juice | |

MILKSHAKES

Made to order, perfectly thick and creamy milkshake. Add unflavoured whey protein or vegan vanilla protein for £1.50

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| LIVIN LA VIDA COCOA | £4.25 |
| STRAWBERRY GLORY | £4.25 |

BEER

TAKE A LOOK IN OUR DRINKS & DELI FRIDGE FOR A WIDE RANGE OF LOCAL AND SUSTAINABLY MADE BEERS