

FOOD MENU

BREAKFAST SERVED TILL 12

The most important send of the day!

SOURDOUGH TOAST £2.20

Two slices of sourdough bread, served with butter or vegan spread (V) (VGO) (GFO)

BAGEL £2.00

Lightly toasted bagel, served with butter or vegan spread (V)(VGO)

ADD

Jam, Peanut Butter, Marmite or Cream cheese £1.00

SCRAMBLED EGGS ON TOAST £5.00

Perfectly made, seasoned with a pinch of salt & pepper (V) (GFO)

Add bacon £2.00

TOPPED PORRIDGE £5.00

Porridge Topped with Banana, Peanut Butter, Dark Choc Chips & Maple Syrup (VG)(N)
or...

Porridge Topped with Warm Apple & Berry Compote (VG)

DELI FRIDGE

Our deli fridge is filled with a selection of cakes, pasties, sandwiches, and fresh seasonal salads that change regularly, so make sure to check today's offering.

WE ARE FOCUSED ON LOCALLY SOURCED, FRESH PRODUCE & WORKING WITH GREAT INDEPENDENT BRANDS... ENJOY!

OUR TAKEAWAY CUPS & FOOD PACKAGING ARE ALL RECYCLABLE

THE CLIMBING HANGAR

SOURDOUGH PIZZA SERVED FROM 12

Sourdough Pizza - All our pizzas are pushed out by hand by our skilled kitchen crew. Using only fresh sourdough daily to ensure the tastiest crust. Can be made with vegan cheese on request.

	Small	Large
MARGHERITA (V) (VGO)	£6.50	£9.50
HALLOUMI & HOT HONEY (V)	£8.00	£11.00
PEPPERONI	£8.50	£11.50
G.O.A.T	£8.00	£11.00

Goats Cheese, Sundried Tomatoes & Pesto (V)

CHEESY GARLIC BREAD £6.00 £9.00
Mozzarella, garlic butter & finely chopped parsley. (V) (VGO)

DOUGHBALLS £7.00
8 hand rolled dough balls served with homemade garlic butter (VG)

EXTRAS

DIPS - Garlic Mayo (VG), Hot honey (V), Garlic butter (VG), Pesto Mayo (VG) £1.50

EXTRA TOPPINGS

VEG - Sundried Tomatoes, jalapenos, pesto £1.00

CHEESE - Goats cheese, Halloumi £1.50

MEAT - Bacon, Ham, Pepperoni £2.00

GRILLED TOASTIE

All of our toasties are made fresh using sourdough bread & can be made gluten/dairy free on request. Served with optional side salad.

CLASSIC CHEESE TOASTIE £5.50
Mature cheddar cheese & mozzarella (V) (VGO) (GFO)

HAM & CHEESE TOASTIE £6.00
(GFO)

CUBAN TOASTIE £7.00
Ham, Grated Cheddar, Grated Mozzarella, Mustard & Homemade Dill Pickles (GFO)

PESTO TOASTIE £6.50
Pesto, mozzarella & sundried tomato (V) (VGO) (GFO)

ALLERGENS - Please make our team aware if you have any allergies. Where possible, we will try to accommodate to any dietary requirements. While we take every precaution we can to prevent cross-contamination, our menu is prepared in an environment where allergens are present. GFO - Gluten Free Option available, VG - Vegan, VGO Vegan Option available V - Vegetarian & N - contains Nuts.

DRINKS MENU

HOT DRINKS

Made using our exclusive blend 'Wake me up before you dyno' by Neighbourhood Coffee

DOUBLE ESPRESSO	£2.40
MACCHIATO/CORTADO	£2.50
AMERICANO	£2.60
CAPPUCCINO	£3.20
LATTE	£3.20
MOCHA	£3.40
FLAT WHITE	£3.00
HOT CHOCOLATE	£3.00
KIDS HOT CHOCOLATE	£2.20
ADD SYRUP (Caramel, Vanilla, Hazelnut)	£1.00
TEA	£1.60
DECAF TEA	£1.60
HERBAL TEA Please ask our team for today's flavour offerings	£2.00
ICED LATTE	£3.20

COLD DRINKS

KARMA CAN 250ml Cola, Cola (sugar free), lemony, Gingerella or Razza raspberry lemonade	£2.00
CAWSTON PRESS Apple, Orange, Rhubarb, Elderflower	£1.90
CAWSTON PRESS CARTON Summer Fruits or Apple & Pear	£1.90
TENZING 250ml Original, Raspberry & Yuzu, Lime & Mint	£2.90
TENZING 300ml Blackberry & Acai, Pineapple & Passionfruit, Apple & Seaberry	£3.20
REMEDY KOMBUCHA 250ml Cherry & Plum, Peach	£2.90
DASH WATER 330ml Raspberry, Blackcurrant, Mango	£1.90

SMOOTHIES

Add unflavoured whey protein or vegan vanilla protein for £1.50.

BERRY GO ROUND Whole blackberries, raspberries and strawberries blended with apple juice	£3.75
BIG 5 Pineapple, mango, kiwi and strawberries blended with the fifth ingredient: apple juice	£3.75
BROCCOLI AND THE BEAST Broccoli, spinach, cucumber, mango, pineapple and banana blended with apple juice	£3.75
PASH 'N' SHOOT Passion fruit, pineapple and mango blended with apple juice	£3.75
MELON REFRESHER Melon, mango and strawberries blended with apple juice	£3.75
PB & BANANA Peanut butter, banana and honey blended with milk	£3.75

BEER

**TAKE A LOOK IN OUR DRINKS & DELI
FRIDGE FOR A WIDE RANGE OF LOCAL
AND SUSTAINABLY MADE BEERS**