

FOOD MENU

BREAKFAST SERVED TILL 12

The most important send of the day!

SOURDOUGH TOAST £2.20

Two slices of sourdough bread, served with butter or vegan spread (V) (VGO) (GFO)
Jam, Peanut Butter or Marmite £1.00

GRANOLA BOWL £3.50

Homemade gluten free granola served with milk (GF) (VGO)

SCRAMBLED EGGS ON TOAST £5.00

Perfectly made, seasoned with a pinch of salt & pepper (V) (GFO)

BACON BUTTY £5.00

Two slices of locally sourced bacon in a lightly toasted sourdough butty (GFO)

GRILLED TOASTIE

All of our toasties are made fresh using sourdough bread & can be made gluten/dairy free on request. Served with optional side salad.

CLASSIC CHEESE TOASTIE £5.50

Mature cheddar cheese & mozzarella (V) (VGO) (GFO)

HAM & CHEESE TOASTIE £6.50

House Roasted Ham, Sliced Cheddar & Grated Mozzarella (GFO)

CUBAN TOASTIE £7.00

Ham, Sliced Cheddar, Grated Mozzarella, Mustard & Homemade Dill Pickles (GFO)

THE GREEN ONE £6.50

Homemade Pesto, Sliced Cheddar, Grated Mozzarella & Sundried Tomatoes (GFO)

THE TUNA MELT £7.00

Tuna Mayo with Sweetcorn, Dill & Paprika with Sliced Cheddar & Grated Mozzarella

SOURDOUGH PIZZA SERVED FROM 12

Sourdough Pizza - All our pizzas are pushed out by hand by our skilled kitchen crew. Using only fresh sourdough daily to ensure the tastiest crust. Can be made with vegan cheese on request.

	Small	Large
MARGHERITA (V) (VGO)	£6.50	£10.50
HALLOUMI & HOT HONEY (V)	£8.00	£11.00
MEAT FEAST	£8.50	£11.50
Marinara Sauce, Grated Mozzarella, Bacon, Ham, Salami. Add BBQ Sauce (+1.00) or Jalapenos & Hot Honey (+1.00)		
FIVE A DAY	£8.00	£11.00
Marinara Sauce, Grated Mozzarella, Red Onion, Red Pepper, Mushrooms, Sweetcorn & Green Olives (VGO)		
GARLIC BREAD		£3.00
Two slices of Sourdough Bread toasted with Garlic Butter (VG) Add Mozzarella £1.50		
DOUGHBALLS	£5.00	£7.00
8 or 12 hand rolled dough balls served with homemade garlic butter (VG)		
DIPS		£1.50
Sriracha Honey (V) / Garlic Mayo (VG) / Spicy mayo (VG) / Garlic butter (VG) / Sweet BBQ (V)		
EXTRA TOPPINGS		
Red Onion, Green Olives, Mushrooms, Sweetcorn, Red Pepper, Basil, Jalapenos, Sun-dried Tomatoes £1.00		
Grated Mozzarella, Fresh Mozzarella, Halloumi, Cheddar £1.50		
Bacon, Ham, Salami £2.00		

DELI FRIDGE

Our deli fridge is filled with a selection of cakes, pasties, sandwiches, and fresh seasonal salads that change regularly, so make sure to check today's offering.

WE ARE FOCUSSED ON LOCALLY SOURCED, FRESH PRODUCE & WORKING WITH GREAT INDEPENDENT BRANDS... ENJOY!

OUR TAKEAWAY CUPS & FOOD PACKAGING ARE ALL RECYCLABLE

THE CLIMBING HANGAR

ALLERGENS - Please make our team aware if you have any allergies. Where possible, we will try to accommodate to any dietary requirements. While we take every precaution we can to prevent cross-contamination, our menu is prepared in an environment where allergens are present. GFO - Gluten Free Option available, VG - Vegan, VGO Vegan Option available V - Vegetarian & N - contains Nuts.

DRINKS MENU

HOT DRINKS

Made using our exclusive blend 'Wake me up before you dyno' by Neighbourhood Coffee

DOUBLE ESPRESSO	£2.40
MACCHIATO/CORTADO	£2.50
AMERICANO	£2.60
CAPPUCCINO	£3.20
LATTE	£3.20
MOCHA	£3.40
FLAT WHITE	£3.00
HOT CHOCOLATE	£3.00
KIDS HOT CHOCOLATE	£2.20
ADD SYRUP (Caramel, Vanilla, Hazelnut)	£1.00
TEA	£1.60
DECAF TEA	£1.60
HERBAL TEA Please ask our team for today's flavour offerings	£2.00
ICED LATTE	£3.20

COLD DRINKS

KARMA BOTTLE 300ml Cola, Cola (sugar free), lemony, Gingerella or Razza raspberry lemonade	£3.40
CAWSTON PRESS Apple, Orange, Rhubarb, Elderflower	£2.30
CAWSTON PRESS CARTON Summer Fruits or Apple & Pear	£2.15
TENZING 250ml Original, Raspberry & Yuzu, Lime & Mint	£3.30
TENZING 300ml Blackberry & Acai, Pineapple & Passionfruit, Apple & Seaberry	£3.60
REMEDY KOMBUCHA 250ml Cherry & Plum, Peach	£2.90
DASH WATER 330ml Raspberry, Blackcurrant, Mango	£2.10

SMOOTHIES

All our smoothies are blended with apple juice. Add unflavoured whey protein or vegan vanilla protein for £1.

BERRY GO ROUND Whole blackberries, raspberries and strawberries blended with apple juice	£3.75
BIG 5 pineapple, mango, kiwi and strawberries blend- ed with the fifth ingredient: apple juice	£3.75
DETOX ZING Ginger, courgette, banana, carrot and blueberry blended with apple juice	£3.75

MILKSHAKES

Made to order, perfectly thick and creamy milkshake. Add unflavoured whey protein or vegan vanilla protein for £1.50

LIVIN LA VIDA COCOA	£4.25
STRAWBERRY GLORY	£4.25
TOP BANANA	£4.25

BEER

**TAKE A LOOK IN OUR DRINKS & DELI
FRIDGE FOR A WIDE RANGE OF LOCAL
AND SUSTAINABLY MADE BEERS**